Tips and Tricks

to Get Your MOC Section 3 Credits

It’s not that hard:  **All you need is 25 credits over 5 years**

1 HOUR = 3 CREDITS

Here are examples of credits you can claim:

- Peer review of clinical cases you have managed in your practice. This is a form of ‘chart audit’ that incorporates elements of chart stimulated recall and peer review.
  
  o Presenting a difficult case or series of cases to your peers receives section 3 credits for the time spent receiving and reflecting on the feedback provided. Peers who provide feedback receive section 2 credits in Section 2 Systems Learning (15 credits per year for this type of peer review).

- Annual performance review with Division/Department Head

- The time you spend reviewing feedback you received from various data sources:
  
  o Your teaching evaluations
  
  o Reviews provided by journal reviewers for articles you submitted for publications
  
  o Review of grants you submitted for peer review by grant agencies
  
  o Patients/lab users survey
  
  o Multi-source feedback or 360 degree evaluations
  
  o Completing a review of your practice (for example wait times to consultations, use of specific tests or

- You can also use any practice relevant self-assessment programs already accredited by other organizations. National Specialty Societies, University Offices of CME, the CMPA (modules on risk management), or the Royal College (Bioethics modules) for section 3 credits:
  
  o Royal College: royalcollege.ca/rcsite/cpd/moc-program/moc-self-assessment-program